FIND YOUR FEET

The Prudential Ride London – Surrey 100

PRUDENTIAL RIDELONDON

Sunday 29th July 2018

Be a part of the largest charity cycle race in the world and raise vital funds for Find Your Feet

RideLondon-Surrey 100 starts in the new Queen Elizabeth Olympic Park, and takes you 100 miles through the capital and onto Surrey's stunning country roads. Join 20,000 other people, including some of the world's top cyclists, to follow the route of the London 2012 Olympic road race.

It is **open to a range of cycling abilities** so join our team, take on a cycling challenge like no other and make every mile count!

To enter: It's simple! Email katy@fyf.org.uk for an application form.

Completed applications must be sent by Wednesday 28th February 2018. In return for a guaranteed place, we ask each of our cyclists to raise £300 in sponsorship money (excl. gift aid) for Find Your Feet.

The money you raise will help families tackle the hunger and poverty they face…

One in nine people around the world suffer from hunger because they don't have enough to eat all year round.

The majority of these people, like the families we work with, live in very remote areas of Asia and Africa without the means or opportunity to speak out and change things for the better.

By fundraising for Find Your Feet, you will enable vulnerable families to grow enough food so they don't have to go hungry, to strengthen their voice so they can speak out against injustice and to earn enough money so they can find their feet.

As a member of Find Your Feet's team you will also receive:
- **A Find Your Feet t-shirt**
- **Sponsorship and fundraising resources and advice**
- **Regular Find Your Feet updates so you will hear how your support is making a difference!**

FRSB *give with confidence*

Helping families build a future free from poverty

Contact: katy@fyf.org.uk   +44 (0)20 7840 3780   www.fyf.org.uk/get-involved