

FIND
YOUR
FEET

The British 10k London Run



Sunday 9th July 2017

Be a part of Britain's number one road race and raise money for Find Your Feet

Join 22,000 other runners in a race around some of the world's most famous streets and past many of London's best-known sights, including Trafalgar Square, St Paul's Cathedral and the Houses of Parliament.

Join Find Your Feet and you can help run poverty into the ground!

To enter: It's simple! Email katy@fyf.org.uk for an application form.

Completed applications must be sent by Friday 12th May 2017. In return for a guaranteed place, we ask each of our cyclists to raise £150 in sponsorship money (excl. gift aid) for Find Your Feet.

The money you raise will help families tackle the hunger and poverty they face...

One in nine people around the world suffer from hunger because they don't have enough to eat all year round.

The majority of these people, like the families we work with, live in very remote areas of Asia and Africa without the means or opportunity to speak out and change things for the better.

By fundraising for Find Your Feet, you will enable vulnerable families to grow enough food so they don't have to go hungry, to strengthen their voice so they can speak out against injustice and to earn enough money so they can find their feet.



As a member of Find Your Feet's team you will also receive:

- A Find Your Feet T-shirt or sports vest
- Sponsorship and fundraising resources and advice
- Regular Find Your Feet updates – so you will hear how your support can make a difference!
- Find Your Feet certificate and thank you card



Helping families build a future free from poverty

Contact: katy@fyf.org.uk +44 (0)20 7840 3780

www.fyf.org.uk/get-involved