



# Sponsorship Form

I.....will be taking part in .....on .....to raise money for **Find Your Feet**, a registered UK charity working to support the poorest families in remote areas of India, Nepal, Malawi and Zimbabwe to build a future free from poverty and hunger. By sponsoring me in this 10K run, you will be helping poor rural families to grow enough food so they don't have to go hungry, to strengthen their voice so they can speak out against injustice and to earn enough money so they can find their feet.

**£10** could train a farmer in Malawi conservation agriculture, helping them to improve their harvest and grow food all year round.

**£25** could provide 20 women in India with the skills and training they need to enable them to start small businesses and provide for their family.

**£60** could provide a health camp for a village in India, at which they can learn about health, nutrition and hygiene, and meet government health officials.

**£165** could provide a farmer in Zimbabwe with the training, skills and confidence to try new sustainable agriculture techniques, and demonstrate them to 25 other farmers

Find Your is a small and cost-effective organisation and **87p in every £1 raised** will go towards helping families build a future free from poverty.



By making a gift aid declaration below you will enable us to claim an extra 25p for every £1 you donate. For example, **£10 can be turned into £12.50**, it won't cost you a single penny more but it will make a real difference to the lives of the families we support. By ticking the gift aid column this will confirm you are a UK tax payer and would like Find Your Feet to claim back the tax on all donations made since 1<sup>st</sup> January 2008 and all donations I make in future, until we notify you otherwise.

*\* To qualify for Gift Aid what you pay in income or capital gains tax must at least equal the amount that all charities you donate to will reclaim for that tax year (this does not include council tax or VAT).*

Please make all cheques payable to **Find Your Feet**.

Full name (please print clearly)	Full Home Address incl. Postcode – needed for Gift Aid	Email address	Total (£)	Gift Aid It (✓)	More info about FYF (✓)	Paid (✓)

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